



RADLEY

Catering

October 2025

Catering Policy

Diet has an important role to play in the well-being of young people, both at school and at home, as lifestyles change and everyday demands increase.

We have a specification of providing well-balanced, nutritional meals, whilst endeavouring to take into account the popular traditional meals that young people enjoy.

We will ensure that we provide:

- A selection of fresh fruit at breakfast, midday and evening meals
- Fresh vegetables will be offered with all main courses
- Leaner cuts of meat will be used whenever possible
- A healthier approach to cooking methods, including:
 - Baking rather than frying some dishes
 - Steaming of vegetables to retain valuable vitamins and minerals
 - Batch cooking, leading to retention of nutritional value
 - Low salt, sugar and fat. Minimal use of saturated fats and increased fibre
 - Where possible, olive oil will be used in cooking in place of butter
 - Crème fraîche or natural yoghurt will be used in cooking when possible
 - Finishing vegetables or sauces with butter will be kept to the minimum
 - Potatoes and vegetables will not be finished with added salt

We will work with our suppliers to ensure that products delivered are reduced in salt, sugar and fats and do not contain harmful additives.

Radley College can provide for special dietary requirements whether allergen, religious or personal preference. Confirmation and specific dietary information for allergies will be requested from the student's medical doctor / consultant in conjunction with Radley Health Centre team, and subject to discussions with the parents.

Typical special diets include:

- Allergies and intolerances including:
 - Peanuts / Tree Nuts / Nuts / Gluten / Shellfish (including crustaceans and molluscs) / Sesame / Mustard / Milk and milk products / Lactose / Soya / Eggs / Fish / Lupin / Celery / Sulphites
- Religious beliefs
- Vegetarian
- Vegan
- Non red meat

Our menus are produced by professional caterers, guidance from a consultant dietician can be easily accessed ensuring healthy and well-balanced selections of dishes are available each day and at every meal.

We regularly meet with the student representatives, both formally via food committee meetings and informally during meal services. The Head of Catering and the wider Catering management team are available through the College's email system. The Head of Catering also has an open-door policy to facilitate discussion with all dining customers.

Whilst we do promote and encourage healthy meals, students are free to make their own choice from the selection available.

If you would like to discuss any further details about the menus or dietary needs of an individual student, or if you would like to view the catering service, our Head of Catering, Pam Dickens, will be more than happy to meet with you and can be contacted by email at pjd@radley.org.uk

Radley College endeavours to ensure that the food offer contributes to improving the students' quality of daily life.

Allergen Management

The Radley College Catering department operates within a documented process to ensure that food is stored, handled, prepared and served in a safe manner.

Food allergy is an increasing concern for consumers and food producers alike as the incidence of food allergy rises.

This policy acknowledges the importance of identifying known allergens within Radley College's Catering operations and requires control measures to reduce the likelihood of accidental contamination. It ensures that consumers are well informed where food allergens form part of a recipe and that accurate information is displayed and available for every meal service. Additional advice is available, if requested.

At a minimum, the requirements contained in this policy demand that all European, UK and Ireland regulatory requirements must be met with regard to food safety. Additionally, appropriate best practice standards should be identified and implemented as a minimum.

The policy forms part of the Catering department's core Food Safety Management System and is one of the measures taken by Radley College in meeting and maintaining our legislative food safety compliance and duty of care.

As a minimum the Catering department will ensure:

- Compliance with all relevant legislative requirements:
 - A fully implemented allergen management process including compliance with Natasha's Law, October 2021
- Ensure all food handlers are trained in the allergen management process
- Records of all training will be documented on each employee's training record cards
- All food handlers are briefed prior to each food service period
- Food handlers must be capable of dealing with customer enquiries and then escalating the enquiry to the duty chef or duty manager
- A notice relating to information on Food Allergens and Intolerance is located in a prominent position where customers can see it
- A Food Allergy Alert poster will be displayed on the staff notice board or other suitable location in the food production or storage areas
- All menus should be designed to include names and descriptions of potential allergenic ingredients whenever possible
- All menu items / recipes will have an allergen ingredient identifier matrix prominently displayed – updated daily and whenever there is a menu item change, the menu cycle changes or where ingredients contained in a dish may change
- All employees will report any food safety incident, concern or deviation from the food safety management system to their line manager for action

Scope

The policy will apply to all food purchasing, food production, transport, service, storage and any retail operation.

All employees including full time permanent, temporary and agency must have regard to the policy.

The policy will aim to meet the minimum requirements of all European, UK and Ireland regulatory standards and best practices.

In accordance with Radley College's health and safety organisational arrangements it is the responsibility of the Senior Management team to ensure that the policy requirements are met.

Resources and References

Regulation (EC) No 178/2002

The Food Safety Act 1990

The Food Hygiene (England) Regulations 2006

The General Food Regulations 2004

European Community Directive 200/13/EC * on the labelling, advertising and presentation of foodstuffs, amended by Directive 2003/89/EC

European Communities (Hygiene of Foodstuffs) (S.I No 369 of 2006)

European Communities (General Food Law) Regulations 2007 (S.I No 747 of 2007)

FSA Voluntary Best Practice Guidance – The Provision of Allergen Information for Non-PRE-Packed foods

Specification and Scope of Catering Services

Breakfast

Timing

Michaelmas term through to Lent term Leave-Away: 7.15am – 8.15am

Post Leave-Away Lent term to end of Summer term: 7.00am – 8.15am

Service Style

Self-help on all counters with no restrictions.

Selection of food

A weekly menu consists of a selection of food from the following:

- **Hot Choice (Protein items):** choice from a daily offer including 3 main items, eg Oven baked Pork, Beef or Vegetable Sausages, Grilled Rindless Back Bacon
- **Egg dishes:** a variety of egg dishes - one style on offer each day, eg Scrambled, Poached, Fried, Boiled, Omelette
- **Vegetables:** choice of a minimum of 2 each day, eg Baked beans in tomato sauce, Grilled / Poached / Plum Tomatoes, roast field Mushrooms
- **Carbohydrate:** eg Grilled Potato waffles, oven baked Hash Browns, crumpets, bagels. Toast and un-toasted breads available daily - brown and white sliced. Pains au chocolat and Croissants are available at Sunday breakfast service and occasionally through the week
- **Conserves:** Marmalade, assorted fruit jams, honey - available daily
- **Spreads:** Butter and Low Fat spread are offered at each service
- **Cereals and Cold Options:**
 - A wide range of cereals rotated daily – with a minimum of 3 choices per service, including: Cornflakes, Weetabix, Bran flakes, Rice Krispies, Muesli, Fruit & Fibre, All Bran. Coco Pops and Frosties are offered on a limited basis during the weekly cycle.
 - Chilled whole or semi skimmed and Goats milk are available. Non dairy alternatives are also available – rice, almond, soya
 - Natural 'homemade' Yoghurt is available daily – with a choice of toppings such as dried fruits including – figs, sultanas, apricots plus seeds and nuts N.B - Nuts are displayed in a completely separate area
 - Porridge is offered throughout the winter months
- **Fruit Juice:** 3 Fruit Juices offered daily - Orange, Apple, and Multi-vitamin. The juice is served from post mix refrigerated dispensers with no restrictions. Plain chilled water is also available
- **Hot Beverages:** A varied selection available daily, dispensed via free vend machines into china mugs, eg Coffee, Tea, Cappuccino, Espresso, Café au lait are available every day. Hot Chocolate and chocolate based hot beverages are served at breakfast only on Monday, Wednesday and Friday, and all day on Sunday. Herbal teas including green and red bush, along with fruit infusion drinks are available as an alternative

Lunch and Supper

The menu changes every term during the academic year in order to eliminate food / menu fatigue and to allow the use of seasonal produce wherever possible. The menu for each term has a 3-week cycle.

Lunch

Timing

11.30am – 1.30pm

Service Style

Self-help on all counters with no restrictions apart from the main course (protein). The range changes daily.

- **Hot Choice (Protein items):** 4 Hot selections are available. Each boy / customer is limited to 1 full size portion initially (further portions can be taken after consuming the first). Typical menu content/dishes are Ras al Hanout Chicken / Chicken Fajitas / Cajun Salmon Fillet / BBQ Pork Ribeye Steak / Vietnamese Chicken / Steamed Hake, chorizo and orzo / Traditional Roast of the Day / Chorizo Mac and Cheese / Buffalo Chicken and Blue Cheese / Beef Stew and Horseradish Dumplings / Tempeh Chilli / Cranberry Nut-less Roast / Chickpea and Tofu Casserole
- **Carbohydrate:** Self-help with no restrictions. One main potato dish and an alternative plain potato dish, eg Jacket Potato. One Rice and/or pasta dish. A selection of bread, including wholegrain and gluten free products
- **Spreads:** Butter and Low Fat spread is offered at each service
- **Vegetables:** Self-help with no restrictions. Two choices of hot vegetable -containing a minimum of one fresh vegetable
- **Cold Choice - Deli / Salad Bar (Protein items):** 4 main choices of Protein changing daily, not repeating in any one week, eg Roast Beef / Chicken / Baked Ham / Brie wedges / Smoked Salmon Quiche / Prawn Cocktail Wedge Salad / Stuffed Peppers / Smoked Salmon Mousse / Peking Duck Wrap / Mozzarella, Artichoke and Pesto / Butternut, Red Onion Feta Quiche
- **Carbohydrate:** Assorted Breads - Bloomer Loaf, Pitta, Flour Tortilla, Focaccia, Ciabatta, Granary, Soft Bap, French Stick. The bread may be taken to accompany the salad or to be made into a baguette / sandwich.
- **Salad:** 5 Plain un-dressed salads and 2 composite salads daily:
 - Plain Salads, eg Mixed Leaves - Iceberg and Watercress, Herb Leaf Salad, Rocket and Endive / Quartered Tomato / Cucumber chunks / Sweetcorn Kernels / Grated Carrot/ Mixed Peppers / Chickpeas
 - Composite Choices, eg Coleslaw / Couscous / Red Lentil and Roast Courgette / Pasta with Sundried Tomato / Asian Slaw / Quinoa, Kale and Apricot Salad / 5 Bean / Giant Couscous, Pumpkin and Tomato / Beetroot and Chickpea
 - Dressings - 3 served daily, Mayonnaise, French dressing, a dressing of the day eg Crème Fraîche, Sour Cream, Extra virgin Olive oil, flavoured oils and balsamic vinegar
 - Seeds and toppings - a minimum of 1 choice daily, eg Chia / Sunflower / Pumpkin

- **Desserts:** 3 Selections - 1 Hot Choice, eg Apple Crumble / Chocolate and Orange Bread and Butter Pudding / Toffee and Banana Rice Pudding / Malted Milk Sponge Pudding / Apple and Blackberry Pie. 2 Cold Choices, eg Fruit Fool / Berry Panna Cotta / Eton Mess / Yoghurt of the Day / Carrot Cake / Grilled and chilled Pineapple / Fruit Meringue Pot / Strawberry Shortcake Pot / Mango and Coconut Cheesecake. Additionally, a Fresh Cut Fruit Bar – containing a trio of fruits for the day, melon wedges, pineapple portions, grapes, quartered oranges
- **Cold Beverages:** Chilled Water at each of the counters. Jugs of water on the tables in the Dining Hall
- **Hot Beverages:** As per breakfast service

Supper

Timing

5.30pm – 7.00pm

Service Style

Self-help on all counters with no restrictions after the main course – as luncheon service

- **Hot Choice (Protein items):** 3 Hot selections are available. Each boy / customer is limited to 1 full size portion initially (further portions can be taken after consuming the first). Typical Menu content/dishes are Kung Po Chicken / Hot Honey Chicken / Mongolian Pork Rib Eye / Moroccan style Lamb Tagine / Blackened Salmon fillet mango and lime Salsa / Various Meat curries / Teriyaki Beef Stir Fry / Chicken Fillet with deep fried Sage / Minute Steak with Chimichurri Sauce / New York Caesar Salad / Mushroom Stroganoff / Vegetable Kebab / Cauliflower Laksa Curry / Aubergine Parmigiana / Harissa Cauliflower with Mint Yoghurt dressing / Jerk Tofu
- **Carbohydrate:** Self-help with no restrictions. One main potato dish and an alternative plain potato dish, eg Jacket Potato. One Rice and / or pasta dish. A selection of Bread is available
- **Spreads:** Butter and Low Fat Spread is offered at each service
- **Vegetables:** Self-help with no restrictions. Two choices of hot vegetable - containing a minimum of one fresh vegetable
- **Desserts:** 3 Selections - 1 Hot Choice, eg Eve's Pudding / Bread and Butter Pudding / Marbled Chocolate Sponge / Various Fruit Pies or Crumbles / American Pancakes with Maple flavour syrup / Warm Flapjacks / Salted Caramel Sponge / Warm Chocolate Brownie / Belgian style Waffles / churros and chocolate sauce. 2 Cold Choices, eg Lemon Posset / 'Oreo' Cheesecake / Fruit Pavlova / White Chocolate and Raspberry Tiffin / Greek Yoghurt with Granola / Lemon Mousse / Banoffee Pie / Fruit Fool / Vanilla Latte Mousse / Carrot Cake Pot. Fresh Whole Fruit – a variety of Apples, Pear, Banana, Orange - plus seasonal fruits fresh in the market, eg satsumas, plums, peaches, nectarines
- **Cold Beverages:** Chilled Water at each of the counters. Squash is available from chilled dispensing machines in the Dining Hall
- **Hot Beverages:** As per breakfast and lunch service

Other Services

Meals outside of normal service time

The College will provide meals for students who through duty, sports or departmental outings, have missed a breakfast, lunch or supper service. These may include packed meals and early / late meal service times.

The Catering department always endeavours to provide a meal during the day served at the College and will always try to accommodate early lunches for departmental outings or away sports fixtures.

Match Teas (Michaelmas and Lent terms)

A choice of hot food will be available after matches for the teams served in the College dining room.

Parents, families and other spectators will be provided with a selection of sandwiches, rolls, cakes and fresh fruit along with a hot drink – all served in the Round Pavilion.

Match Teas (Summer term)

A 'take away snack' of cooked chicken kebabs, flapjacks and bananas for each match, served close to the cricket pitch. Water is always available.

Parents, families and other spectators will be provided with an Afternoon Tea selection of sandwiches, wraps, cakes and fresh fruit along with a hot drink – all served in the Round Pavilion.

The 1st XI is provided with a complete catering service in the Old Pavilion, including morning coffee, lunch and afternoon tea.

Summer Term Late Suppers

BBQ supplies are provided each Saturday evening to all Socials and for every boy in the Social. The arrangement allows a flexible solution for cricket participants (as cricket matches do not have a set duration, return times from away matches are uncertain) whereby food can be provided at varying times, as and when needed.

Social Stores / Issues

Milk and bread are provided daily for the Socials.